## **Out & About**

LGBTI Community Visitors Program





## LGBTI pride comes in all ages

Out & About is a free volunteer visiting service connecting with older lesbian, gay, bisexual, transgender and/or intersex (LGBTI) people living anywhere in Victoria.

Out & About visits LGBTI people over 60 living at home or LGBTI people of any age living in residential aged care. Our peer volunteers are from the LGBTI community and visit at least once a fortnight for a social catch up. Activities may include having a coffee and a chat, watching a film, attending an LGBTI community event or sharing interests.

Our service is friendly, free and confidential. We respect your privacy.





Being connected with community is good for our health, wellbeing and sense of safety.

We understand the experiences and needs of LGBTI people accessing aged care supports.

## Contact the Out & About Coordinator for more information

- S Phone: 0466 218 921 or (03) 9663 2474
- **Email:** outandabout@switchboard.org.au
- www.switchboard.org.au/out-about
- @OutandAboutVictoria

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